

## Health Checklist

- ✓ Temperature check 100.4 degrees
- ✓ Tired/fatigued
- ✓ Sore throat/runny nose
- ✓ Shortness of breath
- ✓ Achy muscles
- ✓ Throwing up or diarrhea
- ✓ Blisters on feet or red or purple toes
- ✓ Loss of smell